



**2017-2018**  
**OC Elite Cheer**  
**Parent/Athlete Handbook**

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**If you'd like to join an amazing Competitive Cheer team whose program showcases amazing stunts, transitions, and routines then OC Elite is the place for you!!!  
We offer both Competitive and Recreational Cheer.**

**TEAM PRACTICE DAYS & TIMES:** *Calendars will be provided well in advance to allow families to schedule appointments, vacations, etc. Please understand that we do our very best to provide the most accurate schedules possible, however schedule changes can and will occur based on team or coaching needs.*

**Exact Teams and levels will be determined based on results of tryouts. Some teams may be combined, removed or added as necessary to meet the needs of the athletes & teams. There is no experience required, everyone makes a team!**

The season begins the first week of **June 2017 and ends the 2<sup>nd</sup> week of May 2018**. OC Elite will be **closed August 14-25<sup>th</sup>** so that athletes and their families may vacation during this period. Tuition will not be prorated.

**2017-18 Competitive REC Cheer teams & schedules shown below:**

**TNT** (Tiny's in training, Tiny Rec) –Monday 6-7:00pm (No tumbling required) Ages 3-6

**RECREATIONAL CHEER** - Friday 6-7:15pm (No tumbling required) Ages 7-14

**OC Elite Teams Practices:**

All practices are MANDATORY. 100% commitment is expected and required of every team member. If for any reason you cannot attend a practice, you must call the OC Elite Director or Coach and inform them of your absence. Missing excessive practices hampers progress of the entire team. Members may be removed from the team due to excessive absenteeism and/or tardiness. Team members are allowed **no more than 4 absences** from the month of September 2017- May 2018. If a team member has excessive unexcused absences during the summer, they will not be allowed to be part of the competition team. If you will be taking a vacation, you must submit a vacation request form at least 2 weeks prior to you vacation; approval will depend on if the student has previous unexcused absences. Coaches have the authority to remove a team member at any time for consecutive absences.

**For safety reasons and to help our cheerleaders and coaches remain focused during team practices, all team practices will be closed for viewing. Parents will be able to view the last few minutes of practice to observe the student's progress when coaches feel it is appropriate.**

**CODE OF CONDUCT:** A successful program is made up of a family of athletes working toward the same goals. In addition to our cheerleaders being Champions on the floor, we believe that it is also extremely important to show that our program is comprised of Champions OFF the floor as well.

**As cheerleaders, parents and coaches, we are ALL representing our program AT ALL TIMES, individually and collectively, so it is extremely important that we are respectful to everyone, at every time.** EVERY representative of this program – parents & cheerleaders alike – are expected to behave in a manner that reflects our spirit of superior sportsmanship, courtesy and enthusiasm – even when the results aren't what we wanted.

The golden rule of treating others in a way you would like to be treated applies in our program. Unfortunately, the negative actions or words of just one person can taint the reputation of our entire program. If you don't have anything nice to say, please don't say anything at all! Since we cannot control how others act toward us, we need to focus on what we can control and be sure our response towards others exhibits good sportsmanship. ALWAYS monitor your words and actions, you never know who is watching and listening!

**Competitive cheerleading** is physical and strenuous. To be successful, athletes are expected to be in top physical condition. This includes flexibility, strength and endurance. We take precautionary measures to limit injuries, however we also expect that athletes respect their bodies. Athletes are expected to refrain from the use of tobacco, alcohol, illegal drugs or any other substances. To protect the integrity of our program, OC Elite reserves the right to remove or refine placement of any athlete due to attendance, conduct, skills, finances or parent conflicts.

#### **SOCIAL NETWORKING:**

Twitter, Facebook, Websites, Chat Rooms, Blogs, etc. have all been very beneficial to the cheerleading industry, however it also becomes quite easy to destroy a reputation with these tools. Trash talking, profanities, negativity, and any inappropriate comments about any team, coach or athlete in ANY program is unacceptable. All athletes and parents are expected to maintain appropriate decorum when using these tools. Athletes must keep clean and respectful SOCIAL MEDIA pages; if athletes or parents are not representing OC Elite in a professional manner, you may be asked to change your social media pages. If you post negative comments about OC Elite you will be dismissed from the team.

In the name of confidentiality, we require that our athletes and their friends and families do not post videos of any OC Elite's routine on YouTube or any other social networking site. You are welcome to post still photos, however NO VIDEO may be posted until after the final competition of the season. While we understand that we cannot control what others do, we respectfully request this of our own families.

**MONTHLY TUITION FEES:** Tuition is based on an 11 month period, paid in 11 equal monthly increments **June through May**. There may be some months that have more practices than others and additional practices may be added based on individual team needs throughout the year to assure team readiness. Typically additional practices may be added in the months of October, November, December and prior to Nationals Events. If an additional practice is required, there will be a \$7 gym rental fee. Tuition is averaged through the year and will not be altered if a practice is removed.

#### **PAYMENT PROCESS:**

Tuition is due by the 1<sup>st</sup> of every month. You have a 5-day grace period. If payments are not received by the 5<sup>th</sup> of the month, you will be charged a \$10.00 late fee each week that the account has an outstanding balance.

Failure to have payments made by the following month will result in the cheerleader being temporarily suspended. **Returned Check Policy:** If a check is returned due to insufficient funds, a \$35 fee will be imposed upon the parent.

## **SQUAD PLACEMENT AND REMOVAL POLICY**

- Please note that no athlete has an absolute guarantee of a spot in a performance or competition; if absences occur, the cheerleader may be removed from a routine or placed in a different position.
- Please note that athletes may be removed from the team at any time for reasons that may include, but are not limited to:
  - Attitude problems – athlete or parent
  - Excessive absences or tardiness
  - Lack of work ethic
  - Lack of financial responsibility
  - Personality conflicts between athletes, coaches, parents, or anyone involved in our program
- In most circumstances the athlete and his/her parents would be notified of a potential problem long before dismissal would occur so that they may rectify the situation. There is zero tolerance for bullying; a student may be dismissed without notice for bullying another athlete (this is up to the coach's digression).
  - Athletes are never guaranteed a specific stunting position on a squad, such as flying or basing. Coaches' decisions regarding these positions are final.
  - The Coaches will be placing the cheerleaders in stunting positions. It is unacceptable to demand your child be in a certain position. It is the coach's job to make a decision where they will be placed.

# Welcome to OC Elite

## Congratulations on becoming a part of the OC Elite Family!

### COST FOR TNT & RECREATIONAL CHEER PROGRAM

TNT (Age 4-6) - \$60 monthly fee

RECREATIONAL CHEER (Age 7-14) - \$65 monthly fee

\*There will be a **one time** (yearly- June 2017-18) **insurance/registration fee of \$35** due at the time of registration

#### REC CHEER & TNT Uniform Costs

Approximate Cost for REC Cheer & TNT Program:

- Competition Uniform = \$80
- Competition bow = \$35
- Music fee- \$25

Payment schedule for above fees split in 2 installments: 7/1 \$70 Due, 9/1 \$70

- Makeup – purchase on your own at MAC store
- 1 pair of Cheer Shoes - \$60 (approximately) Order online at

#### RECREATIONAL & TNT CHEER COMPETITIONS (3 competitions):

- **February** – NRG Torrance - \$35
- **April** – NRG Claremont - \$35
- **May** – NRG NATIONALS Anaheim- \$40

Payment schedule for above fees split in 2 installments: 11/1 \$55, 1/1 \$55

#### **OPTIONAL ADD ON- JAMZ CHEER CAMP in Corona - July 9 & 10 - \$95 (Ages 6 & up only)**

**SIBLING DISCOUNTS are offered for families with multiple cheerleaders!** This applies to Tuition ONLY. **Second child is 20% off, third child and beyond is 50% off.** Full priced and discounted tuition will be based on cheerleader with highest tuition rate.

Any returning cheerleaders with residual balances from the 2016-2017 season must pay their accounts *in full* in order to participate in tryouts for the 2017-2018 season. All Checks should be made payable to OC Elite and should include the Cheerleaders Name and item being paid on the memo line of the check. **Credit Cards (paypal) are accepted with a 3% fee.**

We look forward to seeing you at your first practice!



## RULES AND REGULATIONS CONTRACT

I \_\_\_\_\_ have read, understand, and agree without exceptions to abide by the  
*Cheerleader's Name*  
Parent and Athlete Handbook. I understand that consequences shall occur for not following the set forth rules and regulations.

\_\_\_\_\_  
Cheerleader's Signature

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

By signing below, I/we agree to:

1. Encourage good sportsmanship by demonstrating positive support for all teams, coaches, and officials at each practice and competition.
2. Teach my child that doing one's best is more important than winning.
3. Not ridicule or yell at my cheerleader or other participants and/or staff for making a mistake or blame my child and/or his/her teammates for placement in a competition.
4. Emphasize positive accomplishments and learning from mistakes.
5. Be a positive role model for my athlete.
6. Respect the decisions of the coaches and officials and teach my child to do the same.
7. Ensure my child arrives at least **10** minutes early to all practices, events, and competitions.
8. Teach my child to resolve conflicts without resorting to hostility, violence, or bullying.
9. Bring any issues immediately to the attention of OC Elite Cheer Director at an appropriate time and not solicit support from other cheer parents.
11. Not post competition music or negative comments on the internet (i.e., YouTube, Facebook, etc)
13. Uphold the OC Elite Cheer dress code and image at all times while at practice, in public, at events/competitions, especially while in uniform.
14. Not engage in negative commentary at any event where OC Elite Cheer is participating (this includes inside the parent room, as well as outside of the gym).

I/We, \_\_\_\_\_, have read,  
*(print parents/guardians names)*

understand, and agree without exceptions to abide by the Parent and Athlete Handbook. I/We understand that if I/we don't follow the rules set forth in this contract, I/we may be asked to leave the program, forfeit any payments.

\_\_\_\_\_  
Parents/Guardians Signature

\_\_\_\_\_  
Date



2017-2018 ATHLETE REGISTRATION FORM

Student's Name (first and last): \_\_\_\_\_ Age: \_\_\_\_\_  
Grade Level for 2017-2018: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Mother/Guardian's Name (first and last): \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Cell #: \_\_\_\_\_ Home #: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_

Father/Guardian's Name (first and last): \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Cell #: \_\_\_\_\_ Home #: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**Medical Information**

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_  
Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

Heart Condition: yes no Asthma: yes no Diabetes: yes no Allergies: yes no Convulsions: yes no  
Medications currently taking: \_\_\_\_\_

Any pre-existing injuries: \_\_\_\_\_

Allergies: \_\_\_\_\_

How did you hear about OC Elite Cheer? \_\_\_\_\_ Internet Search \_\_\_\_\_ Event \_\_\_\_\_ Flier  
Referred by \_\_\_\_\_

**Release of Liability**

By permitting my child to participate in the OC Elite Cheer All Stars program or Tumble Class (or by my participation) I understand the fact that participation in cheerleading and tumbling involves a certain degree of risk of injury to participant. I agree to assume such risk, and hereby release OC Elite Cheer All Stars, it's owners, employees, jointly and severally, from any and all personal injury claims arising through or from participation in activities as a student of OC Elite Cheer All Stars. I also understand that I am expected to carry accident and/or medical insurance on the above registered student and/or myself and that such insurance is not provided by OC Elite Cheer All Stars.

I HEREBY CERTIFY THAT I HAVE READ AND UNDERSTOOD THE FOREGOING.

I do hereby allow \_\_\_\_\_ to fully participate in this program.  
Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Print Parent/Guardian Name: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
Physician's Address: \_\_\_\_\_ City: \_\_\_\_\_  
Insurance Co: \_\_\_\_\_ Policy# \_\_\_\_\_ Group # \_\_\_\_\_