



2017-2018
OC Elite Cheer
Parent/Athlete Handbook

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If you'd like to join an amazing Competitive Youth Cheer team whose program showcases amazing stunts, transitions, and routines then OC Elite is the place for you!!!

We offer 2 types of Competitive Youth cheer.

TEAM PRACTICE DAYS & TIMES: *Calendars will be provided well in advance to allow families to schedule appointments, vacations, etc. Please understand that we do our very best to provide the most accurate schedules possible, however schedule changes can and will occur based on team or coaching needs.*

Exact Teams and levels will be determined based on results of tryouts. Some teams may be combined, removed or added as necessary to meet the needs of the athletes & teams.

POTENTIAL 2017-18 teams & schedules shown below:

***TNT** (Tiny's in training, 3-6) – (See separate tryout packet for Financial commitment)

Emerald (Mini, Age 6-8)- Tuesday 6-7:00 & Thrurs 6-7:30pm (TUMBLING INCLUDED)

Sapphire (Youth Advanced, Age 7-10) – Tuesdays 6-8 & Wed 6-7:00pm (TUMBLING INCLUDED)

Jade (Youth, Age 12 & under)- Tuesday 6-8:00pm & Thursday 7-8:15pm (TUMBLING INCLUDED)

Diamonds (Junior, Age 14 & under) – Tuesdays 7-8:15 & Thursday 6:00-8:00pm (TUMBLING INCLUDED)

***REC Cheer** (Age 7-14) - (See separate tryout packet for Financial commitment)

CROSSOVERS:

It is very common in the competitive cheer industry to have cheerleaders compete on more than one team. We will be asking some of our cheerleaders to crossover to help teams be more successful or athletes may request to participate on more than one team. There will be a \$25 tuition charge per month for crossing over to a 2nd team, as well as additional competition & music fees (see competition page). These additional fees will be billed to your account.

Tuition will be based on the team with the highest tuition; the second team will be \$25 per month.

OC Elite Teams Practice Notes:

All practices are MANDATORY! 100% commitment is expected and required of every team member! If for any reason you cannot attend a practice, you must call the OC Elite Director or Coach and inform them of your absence. Missing excessive practices hampers progress of the entire team. Members may be removed from the team due to excessive absenteeism and/or tardiness. Team members are allowed **no more than 5 absences** from the month of September 2017- May 2018. If a team member has excessive unexcused absences during the summer, they will not be allowed to be part of the competition team. If you will be taking a vacation, you must submit a vacation request form at least 2 weeks prior to you vacation; approval will depend on if the student has previous unexcused absences. Coaches have the authority to remove a team member at any time for consecutive absences.

For safety reasons and to help our cheerleaders and coaches remain focused during team practices, all team practices will be closed for viewing. Parents will be able to view the last few minutes of practice to observe the student's progress when coaches feel it is appropriate.

CODE OF CONDUCT: A successful program is made up of a family of athletes working toward the same goals. In addition to our cheerleaders being Champions on the floor, we believe that it is also extremely important to show that our program is comprised of Champions OFF the floor as well.

As cheerleaders, parents and coaches, we are ALL representing our program AT ALL TIMES, individually and collectively, so it is extremely important that we are respectful to everyone, at every time. EVERY representative of this program – parents & cheerleaders alike – are expected to behave in a manner that reflects our spirit of superior sportsmanship, courtesy and enthusiasm – even when the results aren't what we wanted.

The golden rule of treating others in a way you would like to be treated applies in our program. Unfortunately the negative actions or words of just one person can taint the reputation of our entire program. If you don't have anything nice to say, please don't say anything at all! Since we cannot control how others act toward us, we need to focus on what we can control and be sure our response towards others exhibits good sportsmanship. ALWAYS monitor your words and actions, you never know who is watching and listening!

SQUAD PLACEMENT AND REMOVAL POLICY

- Please note that no athlete has an absolute guarantee of a spot in a performance or competition; if absences occur, the cheerleader may be removed from a routine or placed in a different position.
- Please note that athletes may be removed from the team at any time for reasons that may include, but are not limited to:
 - Attitude problems – athlete or parent
 - Excessive absences or tardiness
 - Lack of work ethic
 - Lack of financial responsibility
 - Personality conflicts between athletes, coaches, parents, or anyone involved in our program
- In most circumstances the athlete and his/her parents would be notified of a potential problem long before dismissal would occur so that they may rectify the situation. There is zero tolerance for bullying; a student may be dismissed without notice for bullying another athlete (this is up to the coach's digression).
 - Athletes are never guaranteed a specific stunting position on a squad, such as flying or basing. Coaches' decisions regarding these positions are final.
 - The Coaches will be placing the cheerleaders in stunting positions. It is unacceptable to demand your child be in a certain position. It is the coach's job to make a decision where they will be placed.
 - If an athlete quits their team and does not fulfill their 11 month commitment, a \$200.00 fine will be due upon their last practice.

Cheerleading is very competitive, physical and strenuous. To be successful, athletes are expected to be in top physical condition. This includes flexibility, strength and endurance. We take precautionary measures to limit injuries, however we also expect that athletes respect their bodies. Athletes are expected to refrain from the use of tobacco, alcohol, illegal drugs or any other substances. To protect the integrity of our program, OC Elite reserves the right to remove or refine placement of any athlete due to attendance, conduct, skills, finances or parent conflicts.

SOCIAL NETWORKING:

Twitter, Facebook, Websites, Chat Rooms, Blogs, etc. have all been very beneficial to the cheerleading industry, however it also becomes quite easy to destroy a reputation with these tools. Trash talking, profanities, negativity, and any inappropriate comments about any team, coach or athlete in ANY program is unacceptable. All athletes and parents are expected to maintain appropriate decorum when using these tools. Athletes must keep clean and respectful SOCIAL MEDIA pages; if athletes or parents are not representing OC Elite in a professional manner, you may be asked to change your social media pages. If you post negative comments about OC Elite you will be dismissed from the team.

In the name of confidentiality, we require that our athletes and their friends and families do not post videos of any OC Elite's routine on YouTube or any other social networking site. You are welcome to post still photos, however NO VIDEO may be posted until after the final competition of the season. While we understand that we cannot control what others do, we respectfully request this of our own families.

MONTHLY TUITION FEES: Tuition is based on an 11 month period, paid in 11 equal monthly increments **May through April**. There may be some months that have more practices than others and additional practices may be added based on individual team needs throughout the year to assure team readiness. Typically additional practices may be added in the months of October, November, December and prior to Nationals Events. If an additional practice is required, there will be a \$7 gym rental fee. Tuition is averaged through the year and will not be altered if a practice is removed.

PAYMENT PROCESS:

Tuition is due by the 1st of every month. You have a 7-day grace period. If payments are not received by the 7th of the month, you will be charged a \$10.00 late fee each week that the account has an outstanding balance.

Failure to have payments made by the following month will result in the cheerleader being temporarily suspended. **Returned Check Policy:** If a check is returned due to insufficient funds, a \$35 fee will be imposed upon the parent

SIBLING DISCOUNTS are offered for families with multiple cheerleaders! This applies to Tuition ONLY. **Second child is 20% off, third child and beyond is 50% off.** Full priced and discounted tuition will be based on cheerleader with highest tuition rate.

Monthly Tuition Fees (includes tumbling):

Emerald - \$90 tuition

Sapphire - \$95 tuition

Jade - \$100 tuition

Diamonds - \$100 tuition

TUMBLING SKILLS:

Tumbling has become increasingly important in competitive cheer and OC Elite is continuing to place an emphasis on tumbling this year! Realizing the value of having skilled tumblers within our program, tumbling will be mandatory. Tumbling class will take place after cheer practice.

CHEER CAMP:

Cheer Camp will be offered to select teams and is **optional** but strongly recommended. Jamz cheer camp will be held July 8 & 9th at Centennial High School in Corona and is \$95 per cheerleader. The camp is a 2 day camp; camp instruction runs from 10am-4:30pm. Parents will be allowed to watch the showcase the last day of camp from 4-4:30pm.

MUSIC FEES:

The music used for all OC Elite routines is custom mixed by some of the most reputable professionals in the industry. Each team will have music custom fit to the routine being performed. While some programs choose to combine this charge into other expenses and increase the costs of other fees, we have elected define this expense separately to avoid confusion and clarify the service for which you are paying. Each Cheer team will pay *one* Custom Music Fee (regardless of the number of athletes). Music Fees will include any and all revisions, voiceovers, specialization, necessary licensing authorizations, etc. Estimated Music Fee for the 2017-2018 season is \$35 (per team), due August 1, 2016.

UNIFORMS:

Please refer to the UNIFORM order form available at tryouts for all costs for new and returning cheerleaders. Equipment includes uniforms, shoes, spirit wear, etc. Costs will vary greatly depending upon the items ordered, team placement, new or returning cheerleaders, necessary replacement items, optional items, etc. Uniform deposit will be due July 1st, and balance will be due September 1st. Fundraising available.

COMPETITIONS: OC Elite will be attending several local competitions unless otherwise noted on the competition schedule. Please note that the Competition schedule is subject to change at the discretion of the OC Elite Director depending on the event schedules, team needs, quality of events, etc. Please understand that any changes that may be required will be based on the best interest of our program. While we fully anticipate participating in every competition on our schedule, please be aware that any competitions cancelled or removed from the schedule due to acts of nature, injuries, inability to compete safely, etc. will NOT be refunded. We appreciate your flexibility in the event that changes are necessary. Please check the TENTATIVE Competition Schedule for the anticipated events.

COMPETITION FEES:

Costs will cover Competition Registration Fees, Coaching Costs and expenses. It is important that timely payments are received so that we can take advantage of early registration discounts and avoid additional fees.

- **ALL COMPETITIONS are MANDATORY.** If a cheerleader misses a competition for any reason other than severe illness or family emergency, they will be removed from the competition team; no exceptions.

PRACTICE CLOTHES:

Cheerleaders must come to practice prepared to cheer and engage in athletic activity. Hair needs to be worn securely up and away from the face and neck. No claw clips or hair accessories that protrude from the head. All jewelry must be removed: this includes, but is not limited to, piercings (of any kind), necklaces, bracelets, watches, and rings. Cheerleaders are required wear form-fitting athletic attire. Fingernails need to be kept short and fake nails will not be permitted.

At the last practice before a competition, team members are required to wear their team practice outfit.

Parents/Guardians may not make their own "spirit wear" or promote their own "pro shop." Anyone using the OC Elite Cheer logo or name without expressed written consent by the owner will be asked to leave the program.



OC Elite Cher

2017-2018 TENTATIVE Competition Schedule

Listed below are the local competitions that the OC Elite Competition Cheer Teams are tentatively planning to attend for 2017-2018.

Please keep in mind that competition details may be subject to change and that some competitions could be changed, added or removed based on the requirements of the hosting companies and the needs of our teams. We will keep everyone updated if any changes occur.

COMPETITIVE YOUTH TEAMS WILL BE COMPETING THE FOLLOWING TENTATIVE COMPETITIONS (Final Schedule will be released in August):
(Emeralds, Sapphires, Jade)

December: Jamz Long Beach Pyramid – Dec 10th

January: Cheer Pros, Whittier - Jan 13th
Jamz Nationals Las Vegas - Jan 19-21)

February: Jamz State Championship, Bakersfield – Feb. 3rd

March 4: Best of the West, CSULB Long Beach – March 11th

May 7: NRG Nationals

Diamonds tentative competition schedule:

December: USA, Corona – Dec 2nd
Jamz Long Beach Pyramid – Dec 10th

January: Cheer Pros, Whittier - Jan 13th
Jamz Nationals Las Vegas - Jan 19-21)

February: USA Nationals, Disneyland – Feb 24th

March 4: Best of the West, CSULB Long Beach – March 11th

May 7: NRG Nationals



RULES AND REGULATIONS CONTRACT

I _____ have read, understand, and agree without exceptions to abide by the
Cheerleader's Name
Parent and Athlete Handbook. I understand that consequences shall occur for not following the set forth rules and regulations.

Cheerleader's Signature

Parent's Signature

Date

By signing below, I/we agree to:

1. Encourage good sportsmanship by demonstrating positive support for all teams, coaches, and officials at each practice and competition.
2. Teach my child that doing one's best is more important than winning.
3. Not ridicule or yell at my cheerleader or other participants and/or staff for making a mistake or blame my child and/or his/her teammates for placement in a competition.
4. Emphasize positive accomplishments and learning from mistakes.
5. Be a positive role model for my athlete.
6. Respect the decisions of the coaches and officials and teach my child to do the same.
7. Ensure my child arrives at least **10** minutes early to all practices, events, and competitions.
8. Teach my child to resolve conflicts without resorting to hostility, violence, or bullying.
9. Bring any issues immediately to the attention of OC Elite Cheer Director at an appropriate time and not solicit support from other cheer parents.
11. Not post competition music or negative comments on the internet (i.e., YouTube, Facebook, etc)
13. Uphold the OC Elite Cheer dress code and image at all times while at practice, in public, at events/competitions, especially while in uniform.
14. Not engage in negative commentary at any event where OC Elite Cheer is participating (this includes inside the parent room, as well as outside of the gym).

I/We, _____, have read,
(print parents/guardians names)

understand, and agree without exceptions to abide by the Parent and Athlete Handbook. I/We understand that if I/we don't follow the rules set forth in this contract, I/we may be asked to leave the program, forfeit any payments.

Parents/Guardians Signature

Date



2017-2018 ATHLETE REGISTRATION FORM

Student's Name (first and last): _____ Age: _____

Grade Level for 2017-2018: _____ Birth Date: ____/____/____

Mother/Guardian's Name (first and last): _____

Address: _____ City: _____ Zip: _____

Cell #: _____ Home #: _____

E-mail Address: _____

Father/Guardian's Name (first and last): _____

Address: _____ City: _____ Zip: _____

Cell #: _____ Home #: _____

E-mail Address: _____

Emergency Contact: _____ Phone Number: _____

Medical Information

Family Doctor: _____ Phone: _____

Insurance Company: _____ Policy #: _____

Heart Condition: yes no Asthma: yes no Diabetes: yes no Allergies: yes no Convulsions: yes no

Medications currently taking:

Any pre-existing injuries:

Allergies: _____

How did you hear about OC Elite Cheer? _____ Internet Search _____ Event _____ Flier

Referred by _____

Release of Liability

By permitting my child to participate in the OC Elite Cheer All Stars program or Tumble Class (or by my participation) I understand the fact that participation in cheerleading and tumbling involves a certain degree of risk of injury to participant.

I agree to

assume such risk, and hereby release OC Elite Cheer All Stars, it's owners, employees, jointly and severally, from any and all

personal injury claims arising through or from participation in activities as a student of OC Elite Cheer All Stars. I also understand that I am expected to carry accident and/or medical insurance on the above registered student and/or myself and that

such insurance is not provided by OC Elite Cheer All Stars.

I HEREBY CERTIFY THAT I HAVE READ AND UNDERSTOOD THE FOREGOING.

I do hereby allow _____ to fully participate in this program.

Parent/Guardian Signature: _____ Date: _____

Print Parent/Guardian Name: _____

Physician's Name: _____ Phone #: _____

Physician's Address: _____ City: _____

Insurance Co: _____ Policy# _____ Group # _____

Welcome to OC Elite

Congratulations on becoming a part of the OC Elite Family!

We will be holding a MANDATORY Team Uniform Fitting on Tuesday, June 7th 2016.
A Parent or guardian must be present during fittings to sign off on the measurements.
Female cheerleaders should wear briefs or spandex and a sports bra to fittings.

Please be sure to bring the following to your tryouts

- PHOTOCOPY of your Certified Birth Certificate (no originals)
- \$20 Tryout Fee
- Waivers in tryout packet

COST BREAKDOWN FOR COMPETITIVE CHEER PROGRAM

Monthly Tuition Fees:

- *TNT (Tiny's in training, 3-6) – See separate tryout packet for Financial commitment
- Ruby** (Tiny Prep, Age 5-6) – \$85 - Monday 6-7:00 & Wed 6-7:30pm (TUMBLING INCLUDED)
- Emerald** (Mini Prep, Age 7-8)- \$85 - Tuesday 6-7:00 & Thurs 6-7:30pm (TUMBLING INCLUDED)
- Sapphire** (Mini, Age 7-8) – \$90 - Mondays 6-7:45 & Wed 6-7:00pm (TUMBLING INCLUDED)
- Jade** (Youth, Age 12 & under)- \$95 - Tuesday & Thursday 6-7:30pm (TUMBLING INCLUDED)
- Diamonds** (Junior, Age 14 & under) – \$95 - Monday 7-8:15 & Wed 6:30-8:15pm (TUMBLING INCLUDED)
- *REC Cheer (Age 7-14) See separate tryout packet for Financial commitment

- **Insurance/Registration fee** - \$50 (one-time yearly May 2017-18) Due 1st practice
- **Music Fee**- \$40- 50 – Due August 1st (based off number of Athletes)

Approximate cost for uniforms:

- Uniform Fee's (Mandatory)
 - Uniform & Bloomers = \$350 (Paid in 2 installments- \$175 due 7/1, \$175 due 9/1)
 - Hair Bow = \$35
 - 1 pair of Nfinity Cheer Shoes- \$95 (purchase Nfinity Defiance shoes)
- **Optional Items** (not mandatory)
 - Warm-Ups = \$145 (Jacket and Pants)
 - Backpack = \$25-\$95 (generic or Nfinity)

Competition fees:

- \$450 for **Emeralds, Sapphires, Jade** (\$225/\$225)
- \$515 for **Diamonds** (\$260/\$255)
 - Split into 2 payments on payment plan, due 8/1 & 11/1

Crossovers (If you are on 2 teams):

- Tuition \$25 a month for the 2nd team you are enrolled in
- Additional Competition fees for crossovers is approximately \$150
- Bow (x2)
- Music Fee (x2)

Any returning cheerleaders with residual balances from the 2016-2017 season must pay their accounts *in full* in order to participate in tryouts for the 2017-2018 season.

All Checks should be made payable to OC Elite and should include the Cheerleaders Name and item being paid on the memo line of the check. **Credit Cards are accepted with a 3% fee.**